

# Our Babies: safe&sound

FREE  
TRAINING

## Safe Sleep and Beyond!



**Monday June 6 8:30 am-12:00 pm**

**Tuesday June 7 8:30 am-12:00 pm**

**via Zoom**

**Register Here**

**[https://zoom.us/meeting/register/tJclf-quqDsoH93\\_qIe6lUn4ZHpqhw\\_hTB6d](https://zoom.us/meeting/register/tJclf-quqDsoH93_qIe6lUn4ZHpqhw_hTB6d)**

**Please join us as we bring national, state, and local partners together to share the latest knowledge, tools and best practices to reduce and prevent infant deaths in West Virginia from unsafe sleep and abusive head trauma.**

**Dr. Rachel Moon** is Professor of Pediatrics at the University of Virginia School of Medicine. Her research centers on safe infant sleep and parent decision-making. She is chair of the American Academy of Pediatrics' Task Force on SIDS.

**Sky Kershner** is the former Director of the KPCC Counseling in Charleston, WV, and is an Assistant Professor in Psychiatry at WVU School of Medicine, Dept of Behavioral Medicine. Sky has a Doctor of Ministry degree as well as a Master's in Clinical Social Work. Sky is a Member of MINT, the Motivational Interviewing Network of Trainers, and has trained over 5000 professionals in WV in Motivational Interviewing.

**Cindy Chamberlin** is a physical therapist with over 29 years of experience working with children. She has worked in the West Virginia Birth to Three program for more than 19 years and Clay County schools for more than 11 years. Prior to that she implemented the developmental care program in Raleigh General Hospital's NICU. She has been working with substance exposed and neonatal abstinence syndrome (NAS) babies since her NICU days and has seen the steady increase in numbers as well as observed these children as they transition into school and the impacts that it has had on our educational system. She is the WV Chapter President of To The Moon and Back, a nonprofit dedicated to providing support for the families and professionals working with these children.

### DAY 1

**Dr. Rachel Moon**

*2022 Update of Safe Sleep  
Guidelines and Rationale*

**Cindy Chamberlin, MSPT**

*Intrauterine Substance Exposure and  
How it Impacts Development*

### DAY 2

**Dr. Rachel Moon**

*Importance of Social Networks, Social  
Norms and Parental Decision Making*

**Sky Kershner**

*Motivation in a Nutshell:  
Why Nagging Doesn't Work*

**For more information contact Our Babies: Safe and Sound  
[kristy@safesoundbabies.com](mailto:kristy@safesoundbabies.com) (304)308-1458**

WV Board of Social Work: 6 hours Course/Provider Number: 499999

State of WV Board of Examiners for Registered Nurses: 6 hours Course/Provider Number: 20-904821

WV STARS Approved Course 6 hours (Pending)

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**SafeSoundBabies.com**